

# Road to a State Championship Calendar

# JUNE 2011



**WHS WRESTLING**

**“ BE STRONG, BE CONFIDENT, BE THANKFUL! ”**

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
STUDY FOR FINALS	GRADUATION 2 PM		FINALS WEEK				
WADSWORTH NIGHT AT AEROS STADIUM			STUDY/STUDY/STUDY				
CHART HOURS!		MEMORIAL DAY NO SCHOOL	FINALS	WEIGHTLIFTING OFF <b>Tavanello's pool party 1PM-5PM</b>	OPEN MATS 7-8PM	WEIGHTLIFTING OFF	SAT TEST 8AM
TAV'S POOL PARTY JUNE 1	5	6	7	8	9	10	11
WADSWORTH SKILLS CAMP JUNE 8-10		WEIGHTLIFTING 7-8 AM		WEIGHTLIFTING 7 AM-8AM <b>25th Annual Wadsworth All-State/AllAmerican Camp 9AM -1PM</b>	OPEN MATS 7-8PM	WEIGHTLIFTING 7 AM-8AM	ACT TEST 8AM
GET READY FOR TEAM CAMP JUNE 26-JUNE 30	12	13	14	15	16	17	18
		WEIGHTLIFTING 7-8 AM		WEIGHTLIFTING 7-8 AM	OPEN MATS 7-8PM	WEIGHTLIFTING 7-8 AM	
	19	20	21	22	23	24	25
	DISNEY DUALS JUNE 20- - JUNE 25			WEIGHTLIFTING 7-8 AM	OPEN MATS 7-8 PM	WEIGHTLIFTING 7-8 AM	
WRESTLING ROOM 335-1408		WEIGHTLIFTING 7-8 AM					
Coach Gramuglia 330-336-7091	26	27	28	29	30	July 1	
Coach Brandon Cobb 330-714-7588	<b>OHIO STATE'S/U OF MICH TEAM CAMP JUNE 26 - JUNE 30</b>						
Coach Kip Shipley 330-475-3545		WEIGHTLIFTING 7-8 AM		WEIGHTLIFTING 7-8 AM		WEIGHTLIFTING 7-8 AM	
Coach Jerry Nadeau 330-714-2821							

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# JULY 2011



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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
KEEP LIFTING 7-9 AM		WEIGHTLIFTING 7-8 AM		WEIGHTLIFTING 7-8 AM	OPEN MATS 7-8pm	1 WEIGHTLIFTING 7-8 AM	2
ATTEND OPEN MATS	3	4	5	6	7	8	9
WORK FOUR HOURS A WEEK!	HAPPY 4TH OF JULY	WEIGHTLIFTING 7-8 AM		WEIGHTLIFTING 7-8 AM	OPEN MATS 7-8pm	WEIGHTLIFTING 7-8 AM	
FALL SPORTS ARE COMING!	10	11	12	13	14	15	16
		WEIGHTLIFTING 7-8 AM		WEIGHTLIFTING 7-8 AM	OPEN MATS 7-8pm	WEIGHTLIFTING 7-8 AM	
	17	18	19	20	21	22	23
			<b>CADET/JUNIOR NATIONALS FARGO, NORTH DAKOTA JULY 21-JULY 26</b>		OPEN MATS 7-8pm	WEIGHTLIFTING 7-8 AM	
	24	25	26	27	28	29	30
		WEIGHTLIFTING 7-8 AM		WEIGHTLIFTING 7-8 AM	OPEN MATS 7-8pm	WEIGHTLIFTING 7-8 AM	
WRESTLING ROOM 335-1408	31						
Coach Gramuglia 330-336-7091							
Coach Brandon Cobb 330-714-7588							
Coach Kip Shipley 330-475-3545							
Coach Jerry Nadeau 330-714-2821							

# Road to a State Championship Calendar

# AUGUST 2011

**“ BE STRONG, BE CONFIDENT, BE THANKFUL! ”**



**WHS WRESTLING**

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FOOTBALL 2 A DAYS BEGIN AUGUST 1						WEIGHTLIFTING 7-9AM	
SCHOOL BEGINS AUGUST 18		1 WEIGHTLIFTING 7-8 AM <i>Football 2-a-days begin</i>	2	3 WEIGHTLIFTING 7-8 AM	4 OPEN MATS 7-8pm	5 WEIGHTLIFTING 7-8 AM	6
WORK FOUR HOURS A WEEK!	7	8	9	10	11	12	13
KEEP LIFTING.		WEIGHTLIFTING 7-8 AM		WEIGHTLIFTING 7-8 AM	OPEN MATS 7-8pm	WEIGHTLIFTING 7-8 AM	
	14	15	16	17	18	19	20
		WEIGHTLIFTING 7-8 AM		WEIGHTLIFTING 7-8 AM	<b>SCHOOL YEAR 2011 BEGINS</b> OPEN MATS 7-8pm	WEIGHTLIFTING 3-4PM	
	21	22	23	24	25	26	27
		WEIGHTLIFTING 3-4PM		WEIGHTLIFTING 3-4 PM	OPEN MATS 7-8 pm	WEIGHTLIFTING 3-4 PM  FOOTBALL VS STOW(H)	
	28	29	30	31			
		WEIGHTLIFTING 3-4 PM					



WRESTLING ROOM 335-1408  
 Coach Gramuglia 330-336-7091  
 Coach Brandon Cobb 330-714-7588  
 Coach Kip Shipley 330-475-3545  
 Coach Jerry Nadeau 330-714-2821